

For Official Use Only:

Form Accepted by:	
New patient health check appointment date	

Dear patient

By answering the question on this form you will be helping us to deliver better services to you as an individual. It is hoped that this will give us a better picture of the local population, which will help in planning new services and changing existing ones.

We encourage all patients to complete this form fully. The information you provide will be treated in the strictest confidence. Information you give will be treated in the same way as other information we hold within the health service and will not breach the Data Protection Act 2003. As has always been the case, no names or other identifying details are released from the practice when information is used for health service planning.

If you need any help to fill in this form, any **communication support** needs (*i.e. large print, easy read format, hearing aid, British Sign Language, language interpreter*) or have any queries regarding this form, please feel free to ask the reception team.

Thank you for your help.

Mr  Mrs  Miss  Ms  Other

Male  Female

Surname \_\_\_\_\_

DOB \_\_\_\_ / \_\_\_\_ / \_\_\_\_

First Name(s) \_\_\_\_\_

Previous Surname \_\_\_\_\_

NHS Number \_\_\_\_\_

Home Address \_\_\_\_\_  
\_\_\_\_\_

Town and Country of Birth \_\_\_\_\_

Telephone Number: 020 \_\_\_\_\_

Mobile Number \_\_\_\_\_

Work Telephone Number: \_\_\_\_\_

Marital Status:  Married  Single  Other:

E-mail Address (*this will only be used for surgery correspondence*) \_\_\_\_\_

Are you housebound? Yes  No

Name of Next of Kin \_\_\_\_\_

Contact Number \_\_\_\_\_

Relationship to you \_\_\_\_\_

Please help us to trace your previous medical records by providing the following information;

Previous Address in the UK  
\_\_\_\_\_  
\_\_\_\_\_

Name and Address of your previous doctor

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Are you from abroad? Yes  No

Your first UK address where registered with a GP

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Date you first came to live in UK \_\_\_\_\_

**Employment Status**

*Please tick*

Retired  Student  Unable to work  Unemployed  Employed as \_\_\_\_\_

If you have children of your own aged 16 years or under, please list their names and dates of birth below?

Names	Date of birth

**NHS Organ Donor Registration**

I want to register my details on the NHS Organ Donor Register as someone whose organs/tissue may be used for transplantation after my death. Please tick the boxes that apply.

Any of my organs and tissue or

Kidneys  Heart  Liver  Corneas  Lungs  Pancreas  Any part of my body

Signature confirming my agreement to organ/tissue donation:

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Date: \_\_\_\_\_

**NHS Blood Donor Registration**

I would like to join the NHS Blood Donor Register as someone who may be contacted and would be prepared to donate blood.

Tick here if you have given blood in the last 3 years

Signature confirming consent to inclusion on the NHS Blood Donor Register my agreement to organ/tissue donation:

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Date: \_\_\_\_\_

**Are you a carer?**

i.e. Do you look after a friend or a relative who is sick, disabled, elderly has a mental health problem or for any other reason?

Yes  No

**Are you cared for?**

i.e. Do you have a friend or relative who helps you live your day to day life?

Yes  No

If yes please give details of your carer's contact information:

Name \_\_\_\_\_

Contact Number: \_\_\_\_\_

**Allerton Road Medical Centre** is committed to ensuring that its services are accessible to everyone regardless of race, gender, ability, religion, sexual orientation or age. The information you give on this form will help us comply with our policy of ensuring equality in our services to you.

We recognise that some people may regard some of this information as personal and we have, therefore, included an option in most questions for 'prefer not to say'. You do not have to complete all of this form but it will help us improve our services if you can complete as much as possible and return the form.

All information collected around equality and diversity will be treated confidentially in accordance with the Data Protection Act. Access to this information will be restricted to staff involved in the processing and monitoring of this data. It will be used to provide statistical information only.

### **Ethnic Status, Nationality & Language**

What is your country of birth?

What is your main spoken language?

What language do you prefer to read?

What do you consider to be your national identity?

Do you need an interpreter or translator?

#### **Please tick the group that you feel most accurate described you:**

This question is not about your nationality, place of birth or citizenship – it is about the group to which you as an individual perceive you belong. The descriptions are those used in government's 2001 Census.

#### **White**

- White English
- White British
- White Irish
- White Scottish
- White Welsh
- White European
- White Non-European
- Other White background

#### **Asian**

- British Indian
- British Pakistani
- British Bangladeshi
- Indian
- Bangladeshi
- Indian
- Other Asian background

#### **Other**

Any other background please state \_\_\_\_\_

#### **Black**

- British Caribbean
- British African
- Caribbean
- African
- Other Black background

#### **Chinese**

- British Chinese
- Chinese

#### **Mixed**

- White & Black African
- White & Black Caribbean
- White & Asian
- Other mixed background

#### **Jewish**

**Religion/Beliefs:**

- Buddhism  Jewish
- Judaism
- Christianity  Sikhism
- Hinduism  No religion
- Islam  Prefer not to say
- Other (specify if you wish) .....

**Sexual Orientation**

- Bi-sexual  Lesbian
- Heterosexual/straight  Other (specify if you wish) .....
- Gay
- Prefer not to say

**Disability**

The Disability Discrimination Act 1995 (DDA) defines a person as disabled if they have a physical or mental impairment, which has a substantial and long term effect (i.e. has lasted or is expected to last at least 12 months) on the person's ability to carry out normal day to day activities.

Do you consider yourself to have a disability according to the terms in the DDA?

- Yes  No  Prefer not to say

**Do you need extra support?** Yes  No

**If yes, please tick all that apply to you**

- Hearing impairment  Communication needs  Learning disability
- Visual impairment  Any mobility problems ; \_\_\_\_\_
- Any other information that may help us look after you. \_\_\_\_\_

**Women's Health**

(this next section is for women only)

**Cervical Smears**

Date Taken	At GP / Clinic	Results	Recall Date

**Contraception**

If you are using a form of contraception please list in the box below

**Have you been screened for:**

- Chlamydia Yes / No If yes please tell us the date:
- Breast Screening Yes / No If yes please tell us the date:

**Personal Habits (all to complete)**

**Smoking, Alcohol & Exercise**

*Please tick which applies to you*

**Smoking**

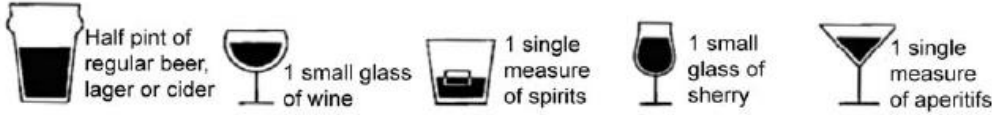
Never Smoked  Non-Smoker  Pipe  Cigars  Rolling Tobacco   
 Current Smoker  (if so how many per day) \_\_\_\_\_ Would you like us to help you stop \_\_\_\_\_ yes/no  
 Ex-smoker  (if so how many did you smoke per day) \_\_\_\_\_ and the date you stopped \_\_\_\_\_

**Alcohol Screening:**

Do you drink Alcohol?  Yes  No  Teetotal  
 If yes, \_\_\_\_\_ unit/week

Please complete the Audit C below:

This is one unit of alcohol...



...and each of these is more than one unit



**AUDIT - C**


Questions	Scoring system					Your score
	0	1	2	3	4	
How often do you have a drink containing alcohol?	Never	Monthly or less	2 - 4 times per month	2 - 3 times per week	4+ times per week	
How many units of alcohol do you drink on a typical day when you are drinking?	1 - 2	3 - 4	5 - 6	7 - 9	10+	
How often have you had 6 or more units if female, or 8 or more if male, on a single occasion in the last year?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	

**Scoring:**  
 A total of 5+ indicates increasing or higher risk drinking.  
 An overall total score of 5 or above is AUDIT-C positive.




**AUDIT – C**

Based on 1 unit = ½ pint of beer or 1 glass of wine (125 ml) or 1 single spirits

Questions	Scoring System					Your Score
	0	1	2	3	4	
How often did you drink alcohol in past year	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
<b>Only answer the following questions if your score is above 1.</b>						
How many standard alcoholic drinks do you have on a typical day when drinking	1-2	3-4	5-6	7-8	10+	
How often in the last year have you failed to do what was expected of you because of drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
In the last year has a relative or friend, or doctor or other health worker been concerned about your drinking or suggested you cut down?	No		Yes, on one occasion		Yes, on more than one occasion	
<b>Total Score</b>	Add up your total score and enter it in the box on the right If you score 3 or more, please complete the next questionnaire 					

If you have scored more than 3, please complete part 2 on the next page. If you have scored less than 3 please skip the next page and continue onto the Exercise question.

Alcohol Screening Part 2 – only complete if your score was 3 or more in the questionnaire above.

Questions PART 2	Scoring System					Your Score
	0	1	2	3	4	
How often do you have a drink that contains alcohol?	Never	Monthly or less	2-4 times per month	2-3 times per week	4+ times per week	
How many standard alcoholic drinks do you have on a typical day when drinking	1-2	3-4	5-6	7-8	10+	
How often do you have 6 or more standard drinks on one occasion?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often in the last year have you found that you were not able to stop drinking once you had started?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often in the last year have you failed to do what was expected of you because of drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often in the last year have you needed an alcoholic drink in the morning to get you going?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often in the last year have you had a feeling of guilt or regret after drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often in the last year have you not been able to remember what happened when drinking the night before?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
Have you or someone else been injured as a result of your drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
Has a relative/ friend/ doctor/ health worker been concerned about your drinking or advised you cut down?	No		Yes, on one occasion		Yes, on more than one occasion	
<b>Total Score</b>	Add up your total score and enter it in the box on the right 					
	Scoring 8-15 = hazardous drinking, 15-19 = harmful drinking, 20 or more = possible dependence					

**Exercise**

Do you exercise regularly? Yes/No

If yes,

a) how often do you usually exercise?

less than once a week  up to three times a week  up to 5 times a week  more than 5 times a week

b) how long does your exercise usually last?

less than 10 minutes each time  less than 30 minutes each time  30 minutes or more each time

**Do you suffer from any of these conditions?**

Approximately when diagnosed / Year

Diabetes	Yes / No
High Blood Pressure	Yes / No
Stroke	Yes / No
Osteoporosis	Yes / No
If Yes have you ever had a Dexa Scan?	Yes / No
Epilepsy	Yes / No
Asthma	Yes / No
Allergies or Hay fever	Yes / No
Eczema	Yes / No
Depression and/or Anxiety	Yes / No
Cancer	Yes / No

*If yes, please state which type eg. Breast, colon, lung*

**Please detail any other conditions you suffer from that are not mentioned above:**

**Are you taking any medication? If so, please tell us what you are taking**

Name of medication	Dose of medication



Have you had any operations in the past? If so, please give details in the space below.

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Have you had any vaccines in the last 10 years? If so, please list, please include seasonal flu vaccine.

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Do you have any allergies?

Medication	Food	Anything Else

Have you had an NHS Health Check in the past year

Yes / No

Have you been screened for HIV

Yes / No


**Family History**

Please let us know in this section of any illness that is in your family:

Disease	Relative
Heart Disease	
Stroke	
Hypertension	
Diabetes Type 1 or Type 2	
Asthma	
Cancer	
Any other	



## Recording Consent of New Patients for Data Sharing Initiatives in Hackney

<p><b>Summary Care Record</b> National Initiative</p> 	<p>If you have a Summary Care Record your health care providers can view your</p> <ul style="list-style-type: none"> <li>• medication (last 12m)</li> <li>• bad reactions to medicines</li> <li>• allergies</li> </ul> <p>when you're admitted to hospital, when treating you in an emergency, or when your practice is closed.</p>	<p>I want to have a Summary Care Record. <input type="checkbox"/></p> <p><b>9Ndm</b></p> <p>I do <b>not</b> want to have a Summary Care Record. <input type="checkbox"/></p> <p><b>9Ndo</b></p>
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**Name:** .....

**Date of Birth:** .....

**Signature:** .....

**Date:** .....

**Please read the above text and make your selection by ticking the box or boxes next to the right statement. Then please fill out the required information below, sign and date the form and return it to reception.**

**Patient Online registration form  
Access to GP online services**

Surname			
First name			
Date of birth			
Address			
Postcode			
Email address			
Telephone number		Mobile number	

*I wish to have access to the following online services (tick all that apply):*

1. Booking appointments	<input type="checkbox"/>
2. Requesting repeat prescriptions	<input type="checkbox"/>

**If you have answered yes, you will need to provide a photo ID for the reception team to issue you with a unique PIN number.**

Signature		Date	
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